

Newsletter Value Driven Education



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Being Vigilant of Our Thoughts

In a group, the thoughts of each individual can greatly impact the group as a whole.

In the past, people living in the countryside would store water in large ceramic pots. After letting it settle overnight, there would be clear water to drink the next morning. If a child were to stir the pot with a stick for the fun of it, the water would become dirty and unsuitable for drinking.

From this we can see how in a moment of carelessness, an individual may cause trouble for many people. Therefore, in interacting with others and handling matters, we must constantly be vigilant and have self-discipline.

From Mirror of the Heart by Master Cheng Yen

Jingsi Aphorism:

一念错,则步步皆错;一念善,则事事造福。

With an erroneous thought, every step is wrong. With a good thought, each action creates blessings.

EARLY CHILDHOOD SECTION





Dear Parents and Guardians,

Greetings!

We hope that this first newsletter finds you and your family in good health.

It has been nine months since March 2020, when our government announced that we all have to stay at home due the Covid-19 Pandemic. Our school has been closed and teachers have missed the children. The school looks empty and quiet without the children's laughter, chatting and singing. During these challenging circumstances, we learned about the importance of gratitude. We are thankful for parents' support in guiding your children to study through our online learning and to our teachers for your hard work and innovation in delivering online learning success.

Despite the condition, we are very proud of the children. They won competitions held in the first semester. Congratulations!

We hope that the pandemic will end soon and we can start to reopen the school. In the meantime, enjoy reading the newsletter and be updated to all of our activities.

ling Felicia Joe
Early Childhood School Principal



Let's Take a Photo!





Perayaan Hari Kemerdekaan Indonesia Ke-75

Hari kemerdekaan adalah tonggak sejarah perjuangan bangsa yang harus kita pertahankan. Hari ini memiliki nilai yang patut dikenang dan dirayakan oleh setiap insan Indonesia. Sebagai generasi penerus bangsa, kita perlu membekali diri kita dengan pengetahuan mengenai tanah air tercinta kita.

Berangkat dari kewajiban sebagai insan masa depan negara ini, siswa-siswi TK Tzu Chi merayakan hari kemerdekaan Indonesia dengan kegiatan yang bermanfaat dan menambah pengetahuan mereka pada tanggal 18 Agustus 2020 via Google Meet.

Walaupun perayaan ini dilakukan secara daring via Google Meet, semangat dan partisipasi semua pihak berkobar layaknya semangat para pejuang kemerdekaan. Siswasiswi N1 bersama dengan guru mereka menyaksikan video singkat mengenai arti kemerdekaan dan apa yang dapat generasi muda lakukan untuk menghargai perjuangan para pejuang, menyanyikan lagu Indonesia Raya, membuat bendera Indonesia, dan menikmati buah-buahan hasil bumi pertiwi Indonesia.

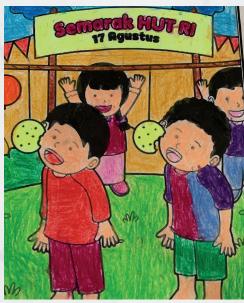
Masih banyak perjuangan kita,
Ingatlah semangat ketika merdeka,
Satukan hati dan kerahkan usaha,
Agar tercapai jua impian merdeka.
~ NN ~

Para murid N2 mengikuti perlombaan mewarnai gambar bertemakan kemerdekaan Indonesia. Mereka mengirimkan hasil karya mewarnai mereka sebelum hari H perayaan bersama. Besarnya antusiasme mereka terlihat dari banyaknya siswa yang mengikuti perlombaan ini dan hasil yang ditunjukkan. Pada hari H, para murid N2 dan guru mereka mengupas lebih dalam mengenai kemerdekaan Indonesia, yaitu mengenai arti kemerdekaan, tempat-tempat bersejarah









dalam perjuangan kemerdekaan Indonesia dan arti bendera merah putih (Sang Saka Merah Putih), membuat bendera Indonesia, mengikuti upacara bendera virtual, mendengarkan pengumuman pemenang lomba mewarnai, dan makan buah bersama.

Pada level K1 dan K2 para siswa-siswi menunjukkan bakat mereka dengan mengikuti perlombaan mewarnai dan menyanyikan lagu-lagu kemerdekaan. Banyaknya peserta yang mengumpulkan karya mereka menunjukkan betapa siswa-siswi TK Tzu Chi adalah generasi masa depan yang unggul. Para juri perlombaan menyanyikan lagu kemerdekaan pun diharuskan membuat pilihan yang sulit karena begitu bagusnya kemampuan bernyanyi yang ditunjukkan oleh para murid. Pada hari H, murid K1 dan K2 membahas mengenai arti kemerdekaan dan apa yang dapat mereka lakukan untuk bumi pertiwi kita ini. Selain itu,

mereka membahas mengenai tempat-tempat bersejarah dalam kemerdekaan Indonesia dan arti Sang Saka Merah Putih, membuat kipas bermotifkan bendera Indonesia, mengikuti upacara virtual, mendengarkan pengumuman pemenang lomba mewarnai dan menyanyikan lagu kemerdekaan, dan makan buah bersama dengan guru mereka.

Perayaan Kemerdekaan Indonesia ini adalah kegiatan daring pertama yang diikuti oleh seluruh TK Tzu Chi. Namun, hal ini tidak menyurutkan antusiasme semuanya. Kegiatan ini tidak hanya menyenangkan tapi juga bermanfaat dan dapat menjadi sumber inspirasi bagi para siswa-siswi TK Tzu Chi.

Nila Silviana N2 Respect Teacher



Literacy Day 2020 Newsletter

Being able to read is perhaps the most essential ability we learn in our early years. Children who develop a love of books and stories early, tend to pick up on phonics and reading sooner than those who have less exposure to these things. So, we know cultivating and encouraging a love of books early in a child's life is very important.

With this in mind, this past September 8th we celebrated Literacy Day at Tzu Chi Early Childhood. All levels celebrated with literacy games and stories meant to stir up the students' love of the written word.

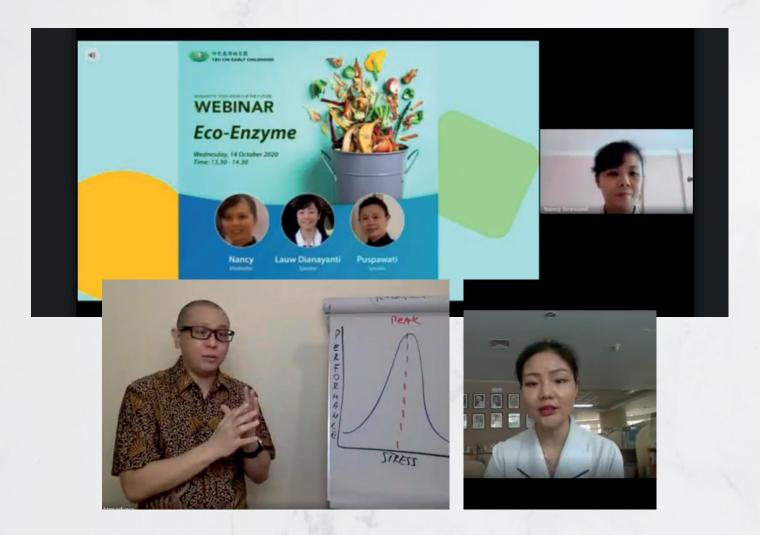
In Nursery 1 classes, Mr. Dustin shared a story with the classes and class teachers played games and sang songs. In the N2 level, Mandarin class teachers were in charge of telling stories which were discussed afterwards and followed up with games and literacy-themed activities. In both K1 and K2, students were involved in a book sharing / nursery rhyme competition. The children were invited to either share with the class about a favorite book, or to recite a nursery rhyme. Children were given a list of poems to choose from, some in English and some



in Mandarin. We were very pleased with both the level of participation and the skill the students showed when presenting.

Overall, it was a fun event and we hope all students were reminded about the fun and excitement we can experience when we pick up a good book!

Dustin English Teacher



Seri Webinar TK Tzu Chi

Sejak resmi diumumkannya oleh pemerintah pada bulan Maret bahwa kita semua harus tinggal di rumah dan berperan aktif dalam memutuskan rantai penyebaran *COVID-19*, sekolah-sekolah ikut terimbas dimana dihentikannya pembelajaran tatap muka. Pembelajaran tetap berlangsung namun dilakukan dengan jarak jauh (PJJ).

Kondisi seperti ini menjadi tidak mudah karena banyak dari orang tua harus bekerja di rumah dan mendampingi anak mengikuti pembelajaran daring. Sebagian orang tua harus tetap bekerja di luar rumah sehingga semakin sulit melakukan pendampingan kepada anak. Belum lagi, permasalahan lainnya yang harus dihadapi oleh kita semua.

Dalam situasi kehidupan *new normal* ini banyak hal yang perlu disikapi dengan bijaksana dan cermat. Diantaranya hal-hal yang terkait dengan kesehatan, karakter, kesejahteraan, mentalitas, lingkungan, dan masih banyak lainnya.

Selama semester satu ini kami telah mengangkat beberapa tema yang berhubungan dengan topik-topik

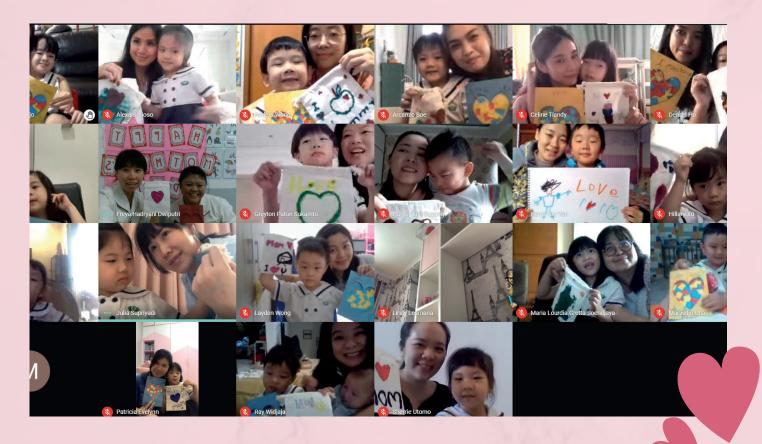
tersebut diatas dengan melibatkan guru dan staf serta mengundang narasumber yang ahli dibidangnya.

Berikut adalah beberapa topik webinar yang telah kami selenggarakan:

- 1. Guiding Young Learners during Home-Based Learning
- 2.Teachers and Parents Partnership in Developing the Child
- 3.Eco-Enzyme
- 4. How to Increase Your Child's Body Immune System
- 5. How to be a Good Role Model for the Kids
- 6.Cultivating Calm Creativity, Productive and Happy Parents
- 7. Kesehatan Keluarga Berkualitas di Era New Normal
- 8. Importance of Nutrition for Body, Mind and Soul
- 9. Tips Berkomunikasi dengan Anak Asuh
- 10.Humanistic Implementation during Home-Based Learning

Semoga pandemi akan segera berakhir dan salam sehat.

Erika Kusnanto Koordinator Sarana Prasarana



感恩母亲节

在母亲节这个充满人间温情的节日即将来临之际,为了能让孩子们更深刻地感受到母亲的伟大和无私,学会感恩与体贴母亲。印尼慈济幼儿园于二〇二〇年十二月八日开展了以"感恩母亲"为主题的系列活动。因受疫情影响,我们所有的活动均采用线上互动的方式。

系列活动一: "感恩母亲" 主题教育活动

慈济幼儿园全体教师抓住这一教育契机,通过相关故事、短片、图片等各种形式让孩子知道并了解母爱的伟大和无私。通过问答的方式带孩子们回顾母亲在日常生活中所付出的点点滴滴,让孩子们感受母亲的辛苦和辛劳,激发孩子对母亲的感恩之情。

系列活动二: 与妈妈互动

互动环节就比较丰富和有趣了,包括替妈妈按摩、为妈妈化妆、与妈妈一起跳舞和猜猜看等活动。在化妆的环节中,一些幼儿园小小班的学生用眼线笔认真



地在妈妈眼皮上画各种形状,大红色的口红涂得满脸都是,奇特的妆容逗得妈妈们合不拢嘴,并纷纷拍照留作纪念。当音乐响起,从荧幕里可以看到妈妈和孩子翩翩起舞,沉浸在歌曲当中,好不热闹。

系列活动三: 我的小礼物送给最爱的您

孩子们很认真地制作手工作品-装饰手袋,他们发挥着自己的创意,用颜料在袋子上创作,并亲手送给妈妈,给妈妈一个大大的拥抱,大声地说"妈妈我爱你",把对妈妈的爱淋漓尽致地表达了出来,老师隔着荧幕都能感受到孩子们真情的流露。

活动中的小插曲:

在母情节的活动当天,一位母亲因为临时有事而无法陪孩子参与活动,因此由父亲陪伴。刚开始老师看到孩子有些失落的表情,但是经过老师的鼓励,他也能渐渐地融入其中,并且展开笑容。他还打电活跟妈妈说,他很伤心,因为他看到其他朋友都有妈妈的陪伴,只有他是爸爸陪伴。但是接着他告诉妈妈没关







系,让妈妈先将工作做好,他仍然是很爱妈妈的。妈妈听到孩子的这番话语,不禁潸然泪下,老师也十分感动,孩子从小就懂得如何体谅父母。

母亲节活动在送礼物和团体合照的环节下,画下了完美的句点。妈妈和孩子透过线上活动,感受到了母亲节的温馨与甜蜜。最后,祝福每位妈妈母亲节快乐。

李彩华

K1 Harmony 华文老师





欢庆印尼教师节

二〇二〇年十一月二十五日,一年一度的印尼教师节悄然而至。受疫情影响, 无法像往年一样与孩子们一起在学校里举办庆祝活动,而是采用透过在线互动 的方式来慰劳辛苦了一整年的幼儿教师们。

这次的在线庆祝活动可谓是别出心裁,活动前的准备工作也都一一不得马虎, 从教师节礼物的挑选,到礼品袋的设计装饰,从食物的挑选,到游戏环节的设 计,都融入了对老师们满满的感恩与祝福。

当天下午一点三十分,庆祝活动正式拉开帷幕。活动主持人以《猜一猜》的小游戏,将整场气氛活跃起来。主持人描述某老师的兴趣爱好及其他特征,老师们猜人名,最快猜中的老师会获得一份精美的小礼品。几乎在主持人描述第一个特征的同时,就已经有很多人给出了正确答案,由此也能够体现出同事之间平日里的互相了解,互相关心。





第二个游戏就是《祝福语宾果连连看》,活动策划人给每位老师准备了不同排列顺序的祝福词汇,主持人念词汇,老师们画出来,每画四个接连的词汇便形成一条线,最先画出三条线的十位老师会获得教师节的精美小礼品。

接下来的《教师魔术表演》将活动再次推向了高潮,表演老师用三个纸杯,将三个毛绒球变上变下,仿佛毛绒球会穿透纸杯顶部跑到杯子的下面,全场惊呼并鼓掌。

在欢庆教师节的喜悦中, 慈济老师们依然不忘记做慈善, 由于现今大环境的影响, 许多外校老师工作被迫中断或减薪。在这个教师节的特殊日子里, 老师们也一同发愿助人, 发动捐助外校教师之行动, 将款项捐予因疫情而面临生活困境的教师们。

身为慈济的教师,不只在个人品德修养上有所改变,对于助人也是当仁不让,期许在老师们的帮助下,外校教师们可以顺利度过这个艰困的时刻。

李佳蓉

N2 Joy 华文老师

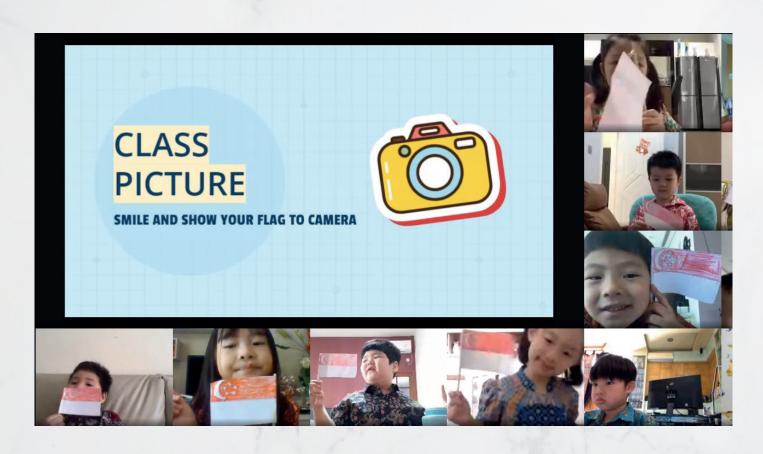


特别的国际日

二〇二〇年十月二十三日,印尼慈济幼儿园如期举办了国际日庆祝活动。受疫情影响,我们的国际日也被迫改为了在线庆祝。

每个班级都有自己所代表的国家,老师们都已经把要用到的所有材料提前寄给学生了。首先,老师会向学生介绍本班所代表的国家,带学生在线旅行,游览当地的著名景点,欣赏当地文化,"品尝"特色美食,了解当地语言,民俗风情等。

接下来老师带领学生一起制作国旗, 听国歌, 并玩猜国旗的游戏, 加深学生对此国家的认知。然后就开始动手布置相框, 老师带领学生将当地风景图涂好颜色, 然后把学生照片裁剪成合适的尺寸, 然后黏贴在风景图上, 学生们仿佛是身临其境。



下面一个活动是学生们最喜欢的,用橡皮泥制作国花或者该国的国宝级动物。在此项活动中,家长们也踊跃地参与了进来,与孩子一起齐心协力来完成。看到亲子间有说有笑,认真制作的样子,多么温馨的一组画面。

幼儿园大班的学生还额外增加了一个活动,老师们可以选择要讲传说故事或者跳传统舞蹈。透过聆听故事和学习传统舞蹈,希望学生们对所代表国家有更加深刻的印象。

我们的线上国际日庆祝活动在学生和老师们的欢声笑语中圆满结束了。希望孩子们在这一整天的"旅途"中,能够有所学,有所感。

Santi 丁燕珊

K2 Grateful 华文老师

Student's Achievement



Congratulations to all Winners!

Exploring one's talent during the current pandemic is still possible with healthy online competitions for kids. Tzu Chi Early Childhood has recently joined several competitions that showcased the student's ability, talent, and creativity.

Our students were confident and well-motivated to participate in the competition. With their parent's support and motivation, they spent the time practicing. While doing so, they also took this as an opportunity to bond and enjoy their time in making their creative entries for the competition.

We are proud that our students have prepared great performances and some of them were even recognized and awarded as winners for the following competitions.

Lomba Menyanyi Tunggal Virtual - Piagam Penghargaan		
1	Nathasia Djong	Juara II
2	Fiorelle Avirikya Effendi	Juara III
3	Ananda Visakha Wu	Juara Harapan II

Lomba Reporter Cilik - Kathina & Creativity Day,		
Sekolah Dharma Suci		
1 Olivia Adrienne Kisto Juara I		

Storytelling Festival 2020 - Kidpublish		
1	Tiffany Paramita Wijaya	Juara II

Congratulations everyone and thank you for your hard work! To our parents, we are grateful for your continuous support and encouragement!



Ananda Visakha Wu



Fiorelle Avirikya Effendi



Nathasia Djong



Olivia Adrienne Kisto



Tiffany Paramita Wijaya





MESSAGE FROM PRINCIPAL



Dear Parents and Guardians,

Welcome to the first edition of Newsletter in Academic Year 2020 – 2021. A lot of things happened when Covid 19 first hit our country in March and shook our lives. It has been nine months since the government started stay-at-home campaigns and reinforced new normal protocols. The pandemic pounded us to our core, but it proved that humans are innately resilient.

Online classes are quite challenging for students, and they are equally difficult for teachers. However, our teachers work to the best of their abilities to make lessons a lot more fun, engaging and interesting. From learning new things and new technologies, recording instructional videos, scouring resources to prepare new materials, they become the strong, consistent figure in the virtual classroom for our children.

Our students, from the Lower to Upper Primary, have successfully adapted the new ways of learning. Pre-Covid, we could not have

imagined, even in our wildest dreams, seeing students as young as five to six years old navigating Google Classroom and knowing the functions in Google Meet. With their little, nimble fingers, our children learned to mute and unmute their microphones and type in their answers in the chatbox. I am also so proud to witness our student's achievement in JISMO, SASMO, KidsPublish, and Kompetisi Sains Nasional.

The parents accompanied and supported their child's learning while juggling with their regular work and home duties. They become an instant teacher, counsellor and coach. A companion like no other, the parents are our ultimate source of inspiration and hope.

The teachers, students and parents have gone the extra mile to accommodate the swift transition from regular face-to-face schooling to home-based learning. In this newsletter, virtual events like Independence Day, Math and Science Week and Filial Piety Day were made possible by the cooperation among our stakeholders. I can say that they genuinely deserve our gratitude for all the work that they are doing.

To end, I would like to commend everyone in Tzu Chi Primary family for the effort and commitment they have exerted for Home-Based Learning. Together, we can continue to achieve great things. May the new year bring new hope to all of us, and I wish that during the break, everyone will have a restful holiday. Please enjoy the time together with the family and continue to be safe and healthy.

Gan en.

Tan Triwanti
Primary Principal





Peringatan HUT RI ke-75

Pada tanggal 18 Agustus 2020, SD Tzu Chi kembali mengajak para murid untuk memupuk rasa nasionalisme dalam diri dengan menyelenggarakan kegiatan dalam rangka memperingati Hari Ulang Tahun ke-75 Kemerdekaan Republik Indonesia. Ini merupakan kali pertama Tzu Chi Primary School mengadakan kegiatan peringatan kemerdekaan secara virtual, setelah melakukan transisi pembelajaran ke *Home-Based Learning* sejak Maret lalu.

Sebagai bagian pelaksanaan rangkaian acara ini, menjadi wujud penanaman nilai-nilai sekaligus nasionalisme dan patriotisme di dunia pendidikan, SD Tzu Chi tetap konsisten melaksanakan upacara peringatan HUT ke-75 Kemerdekaan Republik Indonesia. Upacara ini diselenggarakan secara virtual. Meski tak bisa diselenggarakan secara langsung seperti biasanya, namun upacara virtual ini tetap terlaksana dengan baik dan penuh kekhidmatan. Pesan dari pembina upacara, Bapak Sudino Lim, mampu menjadi dorongan semangat bagi setiap peserta agar tetap mampu melakukan yang terbaik, meskipun berada di situasi yang penuh keterbatasan.

Kegiatan dilanjutkan saat jam istirahat siswa. Pada sesi ini, siswa diajak untuk menyimak perjalanan proklamasi



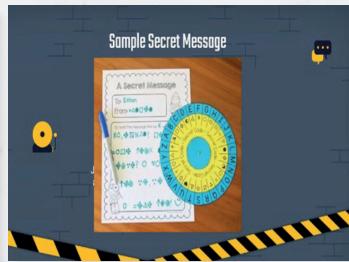
Republik Indonesia. Mereka sangat antusias dalam menangkap segala informasi tentang sejarah bangsa ini. Kisah-kisah patriotisme ini memang penting untuk diketahui oleh siswa, guna menumbuhkan rasa syukur dan cinta tanah air di dalam sanubari mereka. Setelah itu, siswa diajak untuk menguji pemahaman sejarah kebangsaan mereka dengan menjawab soal-soal yang terdapat pada portal kuis interaktif yang telah disiapkan.

Pelaksanaan peringatan HUT Kemerdekaan Indonesia kali ini memang sangat berbeda. Tidak ada gelak tawa para siswa, tidak ada aneka lomba-lomba, dan tidak ada perolehan juara, yang ada hanyalah doa dan segudang semangat yang terus dikobarkan agar siswa-siswi SD Tzu Chi dapat tumbuh sebagai pribadi yang penuh syukur serta siap menjadi generasi penerus bangsa dalam rangka melanjutkan semangat kemerdekaan yang telah digelorakan para pahlawan, dengan selalu berpikir positif dan pantang menyerah terhadap keadaan.

Soffy Fauziansyah Kepala Departemen P.E







Maths and Science Week 2020

Tzu Chi Primary School celebrated the Maths and Science Week last October 26 - 27, 2020. It was challenging for teachers to come up with engaging and thrilling activities due to the ongoing Home-Based Learning program. Through collaborations and several brainstorming sessions, we finally decided to adopt 'Escape Room' as this year's theme.

On the first day of the event, P1 - P2 students tried to escape rooms and find 'Blue', the dog who unwittingly roamed around the school and lost, while P3 - P6 escape rooms challenged students to obtain the 'key' to the doors by solving various Math problems. In alignment with the theme, upper primary students also made 'Cipher Wheels', which served as the key to write secret codes.

The excitement continued onto the second day. Starting the day, P1 and P2 students were presented with a video about 'environmental pollution' followed by exhilarating activities, 'Fun Dora the Explorer' and 'Pandora's Box' were the theme for P1 and P2 classes respectively in which at the end of the game students were required to rearrange words in order to find out the hidden messages. Meanwhile, upper primary students faced formidable escape rooms which demanded them to work collectively in gathering clues to unlock the 'door'.

It is our hope that through this event, students are able to find Math and Science learning joyous. We also would like to extend our utmost gratitude to teachers and staff for their contributions in making this event a successful one.

Diana and Marvin

Head of Math and Head of Science Department







Creativity and Innovation in Crisis Teaching

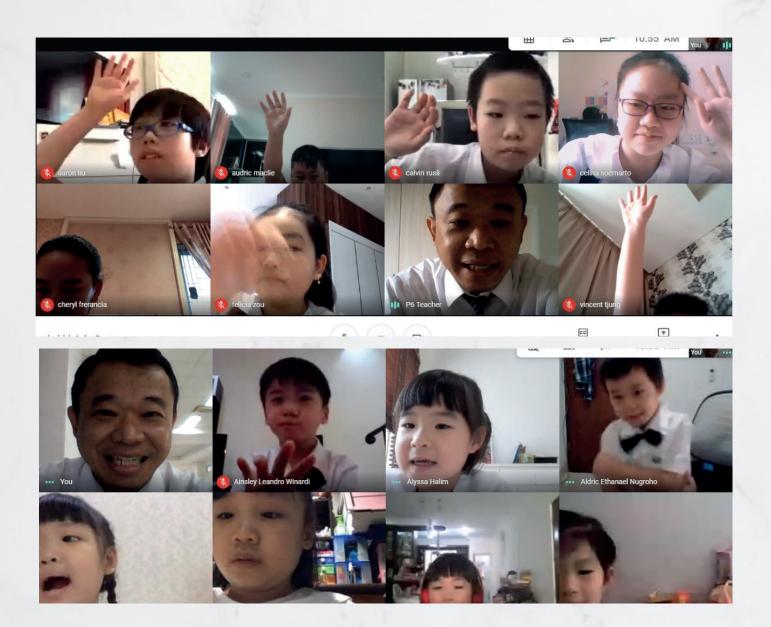
The Covid-19 pandemic changed everything in our lives: daily activities, human interaction, economy and education. It almost brought the world into a complete halt until modern-day heroes and frontliners braved the uncertain and said, 'NO'. The pandemic took away the comforts of everyday life, but it also offered an opportunity to see the new in the old.

The Ministry of Education declared that learning across the country continues but is now enveloped in a different packaging no one has seen coming: Home-Based Learning. Crisis learning inspired a tipping point in education. Many educators rely on their creativity and a heart for dedicated service during HBL.

Teachers now consider the students' needs and how their former living room transformed into a classroom overnight. Shorter attention spans, a variety of interests and levels of readiness and abilities shape how teachers prepared learning materials and activities. It required a thorough planning of assessments, implementation and improvements to become successful. Familiarity yields engagement. The element of fun translates to 100% student participation. Some examples of our exciting activities include FunDora the Box Explorer in her adventure to save the Earth, and Cinderella's Chores and the Magical Senses. These activities allowed the student to have fun and enjoyed the lessons about environmental awareness and the five sense organs. With a compelling storyline, animations, colourful themes, actions, illustrations and an adventure to conquer, learners remained the core of teaching and learning.

HBL poses many challenges, but with a willing heart and an open mind, teachers have championed virtual learning. Together - teachers, parents and students - we got this!

Marcineth
P1 Harmony's Form Teacher



Tips Untuk Menjaga Kestabilan Emosi Anak Pada Masa Pembelajaran Jarak Jauh (Home Based Learning)

Home-Based Learning dapat menjadi sebuah kesenangan bagi anak-anak. Namun, di satu sisi, tidak sedikit yang merasa bahwa sekolah telah 'menjajah' rumah dan privasi mereka. Terlebih lagi, melakukan rutinitas di lingkup ruang yang terbatas berpotensi untuk mengganggu kesehatan mental anak. Maka dari itu, tim konselor SD Tzu Chi menjadwalkan sesi untuk berinteraksi dengan murid-murid dari waktu ke waktu.

Selain dapat lebih mengenal para siswa, program ini bertujuan untuk memonitor perkembangan emosi anak dan juga memberikan perhatian khusus apabila dibutuhkan. Kami juga berbagi kepada anak murid berbagai cara untuk menjaga kestabilan psikis di rumah dengan melakukan kegiatan-kegiatan seperti curhat ke anggota keluarga,

bermain dengan binatang peliharaan mereka, melakukan olahraga ringan, sampai dengan menghabiskan waktu bersama teman sekolah melalui permainan online, dengan harapan aktivitas-aktivitas di atas dapat 'mengisi ulang' daya emosi masing-masing.

Semoga program ini dapat membantu siswa-siswi untuk menjaga keseimbangan emosi mereka selama masa pandemi. Kami juga berharap para murid dapat merasakan bahwa mereka bisa mengandalkan SD Tzu Chi sebagai sumber dukungan sepanjang masa pendewasaan mereka.

Reinita Koestomo Head of Learning Support Center

Sehat di Rumah Selama Pandemi

COVID-19 (coronavirus disease 2019) adalah jenis penyakit baru yang disebabkan oleh virus dari golongan coronavirus, yaitu SARS-CoV-2, yang juga sering disebut virus korona. Semenjak COVID-19 mulai tersebar di Indonesia, masyarakat diminta untuk melakukan berbagai aktivitas sehari-hari di rumah dan tidak bepergian ke mana pun, kecuali hanya untuk keperluan yang mendesak. Pemerintah pun gencar mengimbau masyarakat untuk selalu mematuhi protokol kesehatan dengan memakai masker, rajin mencuci tangan, dan melakukan pembatasan interaksi sosial.

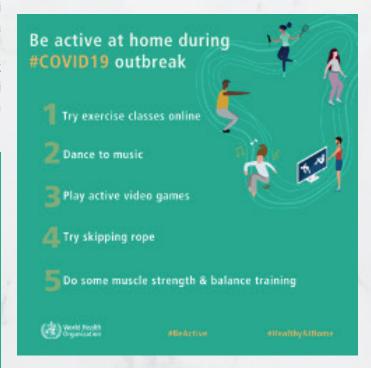
WHO recommends that all healthy adults do
30 minutes/day of physical activity, and children should be physically active for 1 hour/day

Who recommends that all healthy adults do
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Selama di rumah saja, sebagian orang mungkin mengalami kesulitan untuk menjaga kesehatan karena tidak bisa berolahraga di luar rumah seperti biasanya. Tubuh yang sehat merupakan investasi terbaik di masa pandemi seperti sekarang ini. Salah satu hal yang bisa dilakukan untuk menjaga kesehatan tubuh di antaranya dengan konsisten menjaga kebersihan diri maupun lingkungan.

Kegiatan menjaga kesehatan ini bisa kita mulai dengan hal-hal yang mungkin dianggap sederhana namun ternyata sangat berguna, seperti rajin mencuci tangan dan membersihkan seluruh alat-alat keseharian kita menggunakan desinfektan, serta gemar mengonsumsi makanan sehat dan bergizi. Di samping itu, kita juga bisa

melakukan olahraga ringan atau melakukan aktivitas fisik sederhana, seperti membersihkan rumah, untuk membiasakan badan kita tetap bergerak dan tidak menjadi pasif selama menghabiskan waktu di rumah.



Situasi pandemi yang terjadi ini telah mengubah segala kebiasaan kita, termasuk mengubah tradisi pembelajaran di dunia pendidikan, yang semula diselenggarakan secara langsung bertatap muka, sementara ini harus berubah menjadi pembelajaran berbasis online. Guru dan siswa harus berinteraksi secara virtual melalui berbagai perangkat digital, seperti laptop, tablet, maupun telepon seluler.

Intensitas penggunaan berbagai perangkat tersebut tentu dapat memengaruhi kesehatan anak-anak, terutama kesehatan mata mereka. Untuk bisa membantu anak-anak dalam mengatasi hal tersebut, terdapat beberapa tips yang dapat dilakukan untuk menjaga kesehatan mata kita, yaitu dengan mengistirahatkan mata bila diperlukan, menggunakan kacamata anti radiasi, serta mengonsumsi makanan yang sehat bagi mata.

Dalam melakukan berbagai aktivitas digital, mata biasanya akan merasa lelah. Bila hal ini terjadi, maka berhentilah sejenak untuk melihat objek lain selama 20 detik dalam jarak 20 meter. Teknik 20-20 ini dapat membuat mata lebih

rileks dan menghindarkan mata dari efek buruk digital screen, seperti sakit kepala, nyeri pada bagian mata, dan gangguan penglihatan. Saat beristirahat selama 20 detik, kita juga dapat melakukan latihan untuk mata dengan cara mengedipkan mata berulang ulang secara perlahan, lalu pejamkan mata selama 20 detik.



Selain menerapkan teknik 20-20, hal yang dapat dilakukan untuk menjaga kesehatan mata adalah dengan menggunakan kacamata anti radiasi. Penggunaan kacamata anti radiasi (blue light filtering) dapat membantu mata terhindar dari sinar radiasi langsung yang dapat berdampak buruk bagi kesehatan mata. Hal terakhir yang dapat diterapkan untuk menjaga kesehatan mata adalah dengan mengonsumsi makanan-makanan yang kaya akan vitamin E, seperti kacang almond, bayam, dan oatmeal. Jangan lupa juga untuk mengonsumsi makanan yang mengandung antioksidan seperti dark chocolate, blueberries, serta sayur-sayuran hijau.



Selama masa pandemi, selain menjaga kesehatan dan kebugaran fisik, disarankan juga untuk memperhatikan kesehatan mental agar tetap tenang dan berpikiran positif. Kita juga harus lebih selektif dalam menyaring informasi. pastikanlah bahwa kita menerima informasi dari sumber yang akurat dan dapat dipercaya. Selain itu, upayakanlah untuk menjaga komunikasi yang positif bersama kerabat, saudara, teman, dan sahabat, walaupun hanya sebatas menanyakan kabar, memberikan dukungan, atau melakukan kegiatan bersama lewat video-call. Be positive and stay healthy!

Wardayani dan Fanny Staf Klinik Sekolah









Annual Toga Photoshoot

Tzu Chi Primary School did the annual Primary 6 Toga Photoshoot for four Saturdays of November 2020. The photoshoot was held at the Jing Si and Primary Lobby.

Throughout the photoshoots, the school observed strict health and safety protocols for the manpower, students, parents and guardians participating in the event. Three stations were set: the first station was for disinfection and temperature checking; the second station was intended for toga distribution; and the third station was allocated for the actual photoshoot. To observe the prescribed social distancing, two photographers were positioned on the left and right side of the lobby. The families chose their schedule and each student was given 15 minutes to do the photoshoot.

It was a memorable experience for every family to capture a milestone of their child's academic journey. The photos are time capsules of a chapter in students' lives worth remembering- how their youth was filled with love and support.

Master Cheng Yen once said, "Every achievement grows out of the seed of determination." May the images serve as an inspiration to our youth to see past the hardships and continue pursuing their dreams.

Ronnel Cabarles
Head of Student Activity











二〇二〇年庆祝孝亲日

「孝顺」是慈濟学校学注重的美德之一,在每年的十二月都会透过各种活动庆祝孝亲节表达对父母的感恩。因受到新型冠状病毒肺炎的影响,今年皆改成纲上学习,无法如往常一样来学校上课或参加活动,但人文部仍然设计孝亲活动,让学生在家里进行。

为了让学生更了解孝道的精神,在第二学段,小学人文部以「父母恩重难报经」为主题,制作一系列的静思语教学视频 (Jing Si Devotion) 让学生明白「孝顺」的含义,并且了解父母的辛劳与对孩子无所求的付出。

在孝亲节的活动里,结合美术课、人 文课的生活技能及茶道课。在美术课 里制作纸花束,在生活技能里学生学 习制作茶点,在茶道课中学习泡茶,

并以「感恩、尊重、爱」的态度奉茶 给父母。同学们也写卡片、信件,来 表达父母的养育之情,用实际行动来 报答父母恩,如静思语提到:「世上 有两件事不能等:一是行孝,二是行 善。」

林冠吟 P3 Love's Form Teacher

Student's Achievement



SASMO 2020 (2019-2020)			
GOLD			
1 Damien Suwandi P5 Harmony			

	SASMO 2020 (2019-2020)		
SILVER			
1	Callie Angeline Sutanto	P5 Kindness	
2	Calvin Kho	P4 Love	
3	Christopher Axel Susilo	P6 Honesty	
4	Maximilian Halim Widjaja	P5 Harmony	
5	Maximillian Halim	P4 Honesty	
6	Michio Mocca Siman	P4 Harmony	
7	Swiluva Sigalovada Swilly Sumardy MA	P6 Harmony	
8	Velica Budiman	P6 Compassion	

SASMO 2020 (2019-2020)			
BRONZE			
1	Charice Lim	P3 Love	
2	Clinton Rahardja	P4 Integrity	
3	Dwayne Emmanuel Juta	P4 Grateful	
4	Hayden Christerson Juta	P5 Respect	

JISMO 2020 - SCIENCE			
	DIAMOND		
1	Gabrielle Ng	P4 Respect	
2	Nathan Ng	P4 Respect	
3	Swiluva Sigalovada Swilly Sumardy MA	P6 Harmony	

	JISMO 2020 - SCIENCE		
	RUBY		
1	Axel Troy Sugiarto	P5 Grateful	
2	Irvin Jayden Wibowo	P4 Compassion	
3	Lakeisha Richbelle Wibowo	P4 Wisdom	
4	Michio Mocca Siman	P4 Harmony	
5	Shennon Jainsley	P5 Grateful	

	JISMO 2020 - SCIENCE		
	EMERALD		
1	Bianca Camelia Angjaya	P5 Kindness	
2	Kevin Sebastian Ma	P6 Compassion	
3	Kimberly Cardine Changgara	P5 Grateful	
4	Marcelino Reynard Iskandar	P4 Wisdom	
5	Maximillian Halim	P4 Honesty	
6	Naramedhaka Citta Abhimanggala	P6 Grateful	
7	Virenka Rheynna Tan	P5 Love	
8	Winston Wijaya	P4 Grateful	

	JISMO 2020 - SCIENCE		
SAPPHIRE			
1	Alyssa Heidi Ngadimin	P4 Respect	
2	Ashley Febriane	P3 Kindness	
3	Awron Wong	P4 Grateful	
4	Beverlyn Claire Angjaya	P3 Honesty	
5	Callie Angeline Sutanto	P5 Kindness	
6	Charice Lim	P3 Love	
7	Damien Suwandi	P5 Harmony	
8	Dylon Tjandrason	P5 Grateful	
9	Fugo Emir Hartanto	P5 Kindness	
10	Howard Tanamal	P5 Grateful	
11	Hugo Rye Aminan	P5 Honesty	
12	Jamie Lie	P4 Grateful	
13	Joylie Olivia Wu	P3 Integrity	
14	Kalen Arifin	P4 Grateful	
15	Kayla Cruze Wijaya	P5 Kindness	
16	Sean Winson Ng	P4 Grateful	
17	Valesca Budiman	P4 Harmony	
18	William Handaya	P4 Respect	

JISMO 2020 - SCIENCE		
GOOD EFFORT		
1	Arya Putra Muljono	P5 Compassion
2	Calvin Didy Rusli	P6 Harmony
3	Cheryl Jocelyn Hartono	P3 Respect
4	Clinton Rahardja	P4 Integrity
5	Darren Chow	P4 Integrity
6	Helen Emily Lim	P4 Respect
7	Kayleen Alvina Lie	P3 Integrity
8	Keisha Harminto Hiu	P4 Respect
9	Lie Feira Elfrida	P5 Love
10	Marcella Candi Angsono	P3 Grateful
11	Maximilian Halim Widjaja	P5 Harmony
12	Narielle Caprice Djunaedi	P4 Kindness
13	Owen Idris	P4 Integrity
14	Rainier Arethe Mulyadi	P3 Integrity
15	Reyna Mak	P3 Honesty
16	Ryan Oscar Gunawan	P3 Joy
17	Verlene Lovely Christian	P4 Respect

	JISMO 2020 - MATH		
	RUBY		
1	Awron Wong	P4 Grateful	
2	Calvin Kho	P4 Love	
3	Damien Suwandi	P5 Harmony	
4	Davidient Maxmilian	P3 Harmony	
5	Irvin Jayden Wibowo	P4 Compassion	
6	Lakeisha Richbelle Wibowo	P4 Wisdom	
7	Maximilian Halim Widjaja	P5 Harmony	
8	Maximillian Halim	P4 Honesty	
9	Michio Mocca Siman	P4 Harmony	

	JISMO 2020 - MATH				
	EMERALD				
1	Callie Angeline Sutanto	P5 Kindness			
2	Calvin Didy Rusli	P6 Harmony			
3	Clinton Rahardja	P4 Integrity			
4	Hayden Christerson Juta	P5 Respect			
5	Hillary Laurent	P6 Kindness			
6	Kayla Asoka Gozelie	P3 Grateful			
7	Swiluva Sigalovada Swilly Sumardi Ma	P6 Harmony			
8	Swiluva Sumanda Swilly Sumardy Ma	P3 Joy			
9	Velica Budiman	P6 Compassion			

	JISMO 2020 - MATH				
	SAPPHIRE				
1	Cassie Madeline Sutanto	P3 Joy			
2	Celine Gritten	P4 Love			
3	Joylie Olivia Wu	P3 Integrity			
4	Kayla Cruze Wijaya	P5 Kindness	1		
5	Kenzie Elden Kosasih	P4 Joy			
6	Philbert Wilson Tandijono	P4 Kindness			
7	Rachel Mak	P4 Wisdom			
8	Regina Evangelina Tan	P6 Respect			
9	Shennon Jainsley	P5 Grateful			

	JISMO 2020 - MATH			
	GOOD EFFORT			
1	Ashley Febriane	P3 Kindness		
2	Bellinda Hamitoh	P4 Harmony		
3	Beverly Claire Angjaya	P3 Honesty		
4	Cayden Salim	P4 Respect		
5	Charice Lim	P3 Love		
6	Christian Reynold Gunawan	P5 Honesty		
7	Howard Tanamal	P5 Grateful		
8	Hugo Rye Aminan	P5 Honesty		
9	Narielle Caprice Djunaedi	P4 Kindness		
10	Ryan Oscar Gunawan	P3 Joy		
11	William Handaya	P4 Respect		

KidPublish Writing Competition		
1st Winner		
1	Louisse Felicia Benard	P5 Love

	Kompetisi Sains	Nasional 2020
1	Swiluva Sigalovada Swilly Sumardy Ma	P6 Harmony
1	- Juara Harapan 2 KSN IPA Tingkat Kecan - Juara Harapan 2 KSN IPA Tingkat Sudin Kota Administrasi Jakarta Utara.	

Matematika		
1	Chistopher Axel Susilo P6 Honesty	
	 - Juara 1 KSN SD Tingkat Kecamatan Penjaringan Tahun 2020. Mata pelajaran Matematika. - Juara 2 KSN SD Tingkat Sudin Pendidikan Wilayah 1 Kota Administrasi Jakarta Utara Tahun 2020. Mata Pelajaran Matematika. 	







Dear Parents and Guardians,

By the time you receive this newsletter, we are a few days away to waving goodbye to year 2020. A lot has happened during this year; there were some happy memories as well as some challenges that we faced. No matter how hard it might be for some people to go through year 2020, I believe we have learned and grown a lot this year. We have moved from surviving to thriving.

Home – based learning is challenging because students are confined in the house, the lack of face – to – face interaction and personal approach have come in the way of learning. However, after some time, we (have to) have learned to accept this situation and tried to make the best out of it. In this edition of newsletter, you will find some events and activities that we have done despite the pandemic. It is definitely not easy to hold events/ programs virtually, a choice that we did not even want to consider in the good old days; however, we

are surprised to see our students' enthusiasm, creativity and cooperation during these virtual events especially during Teacher's Day and Filial Piety Day. We are amazed by their capability to adapt to the new situation and their willingness to perform their best despite adversity.

In the upcoming year, I believe our school will grow even stronger because of the wonderful support system that we have. All the stakeholders of the school: parents, teachers, students and volunteers/ community have been working collaboratively and apply growth mindset to welcome the future. We are grateful for the tremendous support and feedbacks given by the Board of Directors and our Parent Teacher Association (PTA). We are also thankful for the students' cooperation and Student Council. Teachers definitely play an important role during this Home Based Learning and I am glad to see their dedication and hard work. In Tzu Chi, we are also blessed with supportive volunteers who also provide us with different perspectives and enrich the school culture. All of us are working together to ensure Tzu Chi School students receive the quality education and a learning experience that they deserve.

Let us end the year 2020 with a grateful heart and I wish you Merry Christmas and Happy New Year. I believe the year 2021 will be full of growth and learning and I am excited for that. Lastly, allow me to quote Master Chengyen's wish for us that **Education is a hope project for life and future**. Let us work hand in hand and let's welcome 2021 with hope and positivity.

Caroline Widjanarko Secondary School Principal





Resilience Race

Tzu Chi Secondary School focuses on providing students with holistic education, not only developing their academic skills, but also building their character and emotional well-being. This year, the Counselling Department has chosen "Resilience" as the big theme, which has been incorporated into Personal and Professional Skills (PPS) classes and counselling sessions as well.

Resilience is an important skill to have, as it allows us to persevere through challenging situations, strength to solve difficult problems, and confidence to overcome obstacles. This skill is especially important during today's conditions, as many students are experiencing challenges adjusting to their new conditions, from new online learning methods to lack of social interaction with their friends.

For our End of Term 1 activities, our Grade Level Counsellors, Service and Action, CAS and Ren Wen department have organized a variety of activities during the last week of the term. During this day, there will be no lessons and students will attend Google Meet/Zoom sessions supervised by Grade Level Leaders, Homeroom teachers, and Associate Homeroom teachers.

One of the activities is called the "Resilience Race" game. The objective of this activity is to provide a fun non-academic experience which can strengthen togetherness and build collaboration skills among classmates, along

with practicing resilience. In the Resilience Race, students in a class are divided in groups and will do 9 games. The game started from Game 1, and when they accomplish Game 1, they will find the link to the next game, and so on. We use Google Forms for the students to submit their answers for each game.

The games range from trivia, word hunt, e-puzzle, crime investigation, music-related game, to games which require the students to move their body and move around the house when doing the stick puzzle and the scavenger hunt.

It was really challenging for the event committee during the preparations, as the games were done online and there were so many details needed to be prepared. Therefore, for schools who plan to hold similar activities like this, we would suggest you to really choose the best timing which does not overlap with the deadlines of teachers' administration, so that the teachers who will be assisting the students will be more focused in comprehending the game rules and details. With the right timing and detailed preparations, the result is really worth all the effort!

So, here are the preview of each game we had in Resilience Race:



Game 3: Crime Investigation

Instructions

Try to solve these mystery cases by reading the descriptions provided.



Game 4: Are you ready to be riddled?

Try and guess the names of countries by solving these brain teasers.

* Required



Game 8: Guess the Songs

Please listen to this video and answer all the questions...

https://drive.google.com/file/d/1Lvjk37vY4WMJg9i3NkFiHsJilaZ9iPss/view?usp=sharing

Type the answers with lower-cases only

* Required



Game 9: Scavenger Hunt

Find the items around your house that meet the certain criterion. Take picture of each of item and upload it in the google form.

The name and photo associated with your Google account will be recorded when you upload files and submit this form. Not mathilda.bolang@tzuchi.sch.id? Switch account

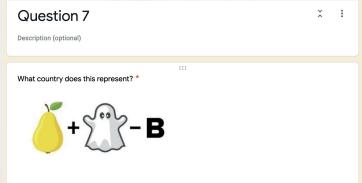
4.5



Game instructions:

Re-arrange the letters or words in order to form a correct Jing Si aphorism sentence.

When typing the correct aphorism, USE LOWERCASE LETTERS ONLY, WITHOUT



Find the hidden words (part 1)

Can you spot the words hidden in each picture?

^

What are the six words hidden in the picture? *

1. Write the answers in lower case and arrange the words in alphabetical order. For example: apple, grapes, kiwi, pear, salak



Mathilda Bolang Counsellor



Service During Pandemic

Service as Action (SA) in the Middle Years Programme (MYP) provides a pathway for students experiential learning. This is mutually beneficial for the community as well as the development of students' personal skills. Students of Tzu Chi Secondary School were engaged in a variety of meaningful experiences through a process of building authentic connections between lessons and meeting the learning outcomes of the service activities. The main theme of this individual/group service activity is to emphasize the importance of being healthy and protecting each other during the pandemic.

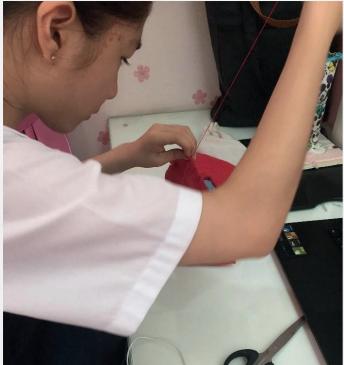
During the individual activities, students of lower Secondary School applied their knowledge through the Bill Nye's Mask experiment learnt during Science lessons. There was a great level of enthusiasm to identify the most efficient material in creating face masks for the family. Cooking was another kind of direct service activity where students prepared meals for the people around them. This was connected to the topic learnt in Individuals and Societies lessons where students gained knowledge and explored various ways of how food can be mirrored in a particular region in Indonesia.

There were also collaborative activities where students of Grade 9 organized the Health and Wellness activity with students of Tzu Chi Primary School. Based on their knowledge during Physical and Health Education lessons, they organized simple exercises and interactive



games through a virtual platform. This builds upon their creative skills and their ability to foster a good relationship with younger students. Another indirect service activity is group work where students enhance their creativity skills through making posters and storyboards related to being





productive and ways to stay healthy throughout this time. The purpose of the visual displays was to create awareness in the community to overcome this situation.

As a part of Creativity, Activity and Service (CAS), students of the International Baccalaureate Diploma Programme (IBDP) were also engaged in direct and indirect service activities with external organizations. One of the direct service activities was the interaction with special needs students of Saraswati Learning Centre having a vision on focusing on the ability of every individual. They prepared fun activities, such as physical movement, arts and crafts as well as interactive games based on their abilities. Other students also collaborated well with their peers in designing online recorded activities based on different subjects, mainly English and Mathematics which would benefit the students learning in local schools.

Overall, the execution of all service experiences enabled students to explore new possibilities, embrace new challenges and adapt to new roles during this challenging situation where they couldn't interact physically with each other. In addition to this, students could purposefully reflect upon their experiences, identify goals, develop strategies and determine further actions for personal growth.

Mely Kartono

Events Coordinator









Literature and Cultural Appreciation Through the Lens

Intercultural Day" is an annual event at Tzu Chi Secondary School. It was conducted differently this year through a virtual platform. It was a one day collaborative event organized by different departments having all activities carried out online through Zoom and Google Meet. Despite this event being an online performance, students showed enthusiasm and there was an interactive participation demonstrated by students of Grade 7 - 11.

The Bahasa Indonesia department organized a variety of activities which were conducted not only individually, but also collaboratively between students. The objectives were to raise awareness of the Indonesian custom and traditions, to raise appreciation of the uniqueness of the Indonesian cultures, to introduce the Indonesian heritage studies, to develop a good learning environment where diversity is celebrated and to develop skills of observation and critical thinking.

Students of Grade 7 and 8 were involved in storytelling and poetry reading. Students of Grade 9 participated in the speech contest which enhanced their confidence and communication skills in front of the audience. During the Roleplay, students of Grade 10 and 11 were expressive and able to reveal their communication skills

Towards the end of the event, all participants and the audience waited eagerly for the announcement of



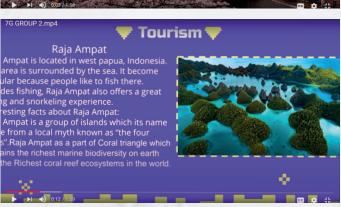
winners. It was indeed a tough decision for the judges to select the best contestant from each class due to the excellent participation of most of the students. There was a great level of excitement of all students as they applauded cheerfully and captured the memorable moments using their cameras. Awarding was in a form of prizes and certificates. Overall, it was an event to be always looked upon as students were able to overcome the challenge and put in their best effort to demonstrate their creativity skills during the uncertain time of this pandemic.

Advocacy Vlog Competition Grade 7-8

The end of Term 1 saw the G7 students engage in the making of an Advocacy vlog. They could choose any Asian country and select any advocacy they wanted to work on, for example: protection of the environment, youth empowerment, respect for culture etc. The students researched well on their choice of advocacy and with the guidelines provided on how to make a vlog, and what apps can be used to make it, the students did a wonderful job in making excellent vlogs. The students showed great creativity and awareness on the topic and presented very well made vlogs.

Georgiana I&S Teacher









Digital Poster Competition Grade 9 & 10

During the Intercultural Day with a theme: Celebrating Wonderful Asia, Grade 9 & 10 have the specific topic: Personal and Cultural Expression. Each group has to create a Digital Poster (using their choice of digital poster maker apps, example: Canva) incorporating the cultural aspects for the competition. They need to choose only three explorations among the following: Belief systems, Products, Languages, Artistry, Systems and Institutions, and Philosophies and way of life. Despite the potential difficulties of not meeting with their teammates face to face, students were able to showcase their skills as they work and collaborate with their peers online. They were able to maximize the use of technology so as for them to finish their task. Due to their positive attitude towards learning, we can see some of the results of their work below.

Wilfred DP Business Teacher









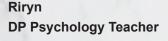


CENTURY ROYAL HOTEL SAPPORO HOKKAIDO



Virtual Traveling Grade 11

Due to the pandemic, Tzu Chi School grade 11 students have to start their IB Diploma with Home Based Learning. Adapting to IB Diploma requirements and navigating academic plans for the next two years can sometimes be stressful with the stay at home policy. With the knowledge that most of grade 11 students seem to enjoy travelling, an activity that unfortunately can't be done for a while due to travel ban, teachers from the Individual and Societies Department decided to invite grade 11 students to an exciting and hopefully recharging experience on their Intercultural Day. Students were involved in virtual travelling activity, in which they explore Japan, especially Hokkaido, using online video and Google Earth. They were given the opportunity to be aware of Japan's cultural value by doing their own independent exploration of the food and landmarks. In the activity, students also learned and contemplated skills related to Japan's culture, which is the Konmari Method of tidying up and the Ikigai method of finding life's purpose. The activity was a success, as 100% of the students rated the activity a minimum of 3 out of 5, with 56% grade 11 students who participated rated the activity a maximum rate of 5. 88% of the students also shared that they would like to spend more time reflecting on their personal Ikigai. Below are some of the pictures from Grade 11 Intercultural Day that we have compiled:











On the twenty-seventh of October, Tzu Chi School Secondary was set for its annual Intercultural Day English competitions to celebrate the richness of the world's cultures while showcasing their language skills and creativity.

Leading up to the event, the grade 7 and 8 students of Tzu-Chi prepared a recitation of a folktale of their choosing. The carefully chosen finalists were posed a series of questions from the judges based on their recorded tales. While the finalists were in the hot seat, the remaining students filled out a reflection questionnaire based on the competition itself. All the finalists gave very impressive answers to the questions asked by the judges.

On the other hand, the grades 9-11 students joined a writing competition. Each class was divided into two groups and

was asked to manufacture a persuasive and informative travel booklet that entices quarantine-fatigued families to travel internationally and experience exotic new locations. They were given an hour and a half to collaborate and create their digital travel guide.

Despite the challenges of home-based teaching and learning due to the pandemic, TCS students were still able to participate in numerous competitions for this event. The various talents embedded in our students were showcased in different competitions in English, Bahasa, and IaS.

Adam Wilson
MYP 7-8 English Teacher

	Once, or Twice, Upon a Time winners				
	Angeline Taruno	Respect	1st Place		
Grade 7	Ashley Fiona Tenady	Grateful	2 nd Place		
	Isabella Ho	Honesty	3 rd Place		
	Jason Kie	Respect	1st Place		
Grade 8	Pranasha Amabella Jo	Joy	2 nd Place		
8	Jonathan Davin Liang	Love	3 rd Place		



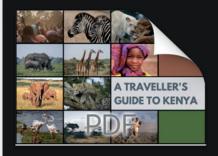
	Post Pandemic Travel B	ooklet Writing Winne	ers		
	Gro	oup 2 Mongolia			
	Edric Widjaja Lim		1 st Place		
	Frederick Fantonie	" A Still I			
	Hana Mettanadini	JACOB .			
	Jelina Kathleen Ng	Kindness			
	Louie Kwok Kargito				
	Luzern Liawputri				
	Miranda Kimberly Wu	19/1			
	Verdy Delian	and the second			
	Violette Fonzie Wiryadi, Mak				
	Gı	roup 1 Brunei			
	Albert Patra Halim	1, 15.5			
	Ashley Queensa	25.5			
	Clara Dewi Setiawan				
	Francesa Hanna Jordan Marhusa				
	Freddy Farrel Tjang		and Disco		
Grade	Helena Saputri	Joy	2 nd Place		
9	Jazlynn Puteri Kuniandra				
	Nelsen Cung				
	Vincent				
	Willson Christopher Yalidona				
	Group 1 Japan				
	Aurelia Nicole Huang				
	Brian Jonathan Permana				
	Darrien Sky Foeng		3 rd Place		
	Eben Marco Khengadi				
	Jacintha Kimberly Lina				
	Leonard Axel Hernandie	Love			
	Maurice Reagan Liauw				
	Meghan Angelina Chan				
	Michelle Isabella Chloe				
	Nikita Widjaja Tan	TOTAL STATE			
	Ryu Kosko Rochili				
	Winnie Winartan				



	Post Pandemic Travel B		<u> </u>	
	Group 2 Nicaragua			
	Aoniya Colynn			
	Avrill	Compassion	1 st Place	
	Christopher Adhiputra Supriyadi			
	Gina Laurain Susanto			
	Jason Kennard			
	Jill Valencia Tjandra			
	Phoebe Queenetta Mulia	1/71		
	Rico Rusli	746		
	Steven Yonathan Wijaya			
	Yuta Liawputra			
	Group 2 Costa Rica			
	Bernetta Vireta Kurniawan			
	Edward Justin Tie	3.32		
	Irene Tan	. 45		
	Jennifer Effendy			
Grade	Kayla Claresta Steven			
10	Marchieto Arfayo	Harmony	2 nd Place	
	Nico Nandya Karmin			
	Shieny Mulia			
	Steven Marco	23		
	Wellin Tan			
	William Davis Tan			
	Group 1 Belize			
	Anthony Ali			
	Antlia Tina		3 rd Place	
	Aurelia Alexis Hernandie	Compassion		
	Elena Widjaja			
	Gho Jhony Gozaly			
	Giselle Levine Wijaya			
	Michelle			
	Richard Keitaro Lau			
	Ryan Andrew Soegijantoro			
	William Penn			



	Post Pandemic Travel Bo				
		Group 1 Zambia			
	Bhimraj Singh Buller	Respect			
	Calista Vernanda Harapan Ji		1st Place		
	Elaine Hsu				
	Fiona Widjaja				
	John Matthew Joseph				
	Kathleen Andrea Soegijantoro				
	Marcell David William				
	Michael Lee Koesumo	7486			
	Nadine Mikhail Wu	2.7			
	Shannon Darwin Angeles	7			
	Tiffany Hambali				
	Vince Zhang	4 1 3			
	Group 1 Egypt				
	Cassandra Huang	48.			
	Darren Ang				
	Emilia Ali				
Grade	Gerry Antoluis Laurent	Love			
11	Graciela Valencia Chow		2 nd Place		
	Marquis				
	Ryo Patra Halim				
	Sally Angeline				
	Tiffani Chiu				
	Vanessa Lai				
	Viony Valerie Lim				
	Group 2 Kenya				
	Ananda Visakha		14 C C C		
	Aurelia Hannah Lim	Grateful	3 rd Place		
	Denise Thea Laurent				
	Edward Djaja				
	Felita Latief				
	Hans Tengkono				
	Jones Edbert Chandra				
	Kelvin Sofjan				
	Natalie Catherine Felicia				
	Reinhart Christopher Yong Tanudjaja				
	Vanessa Feodora				





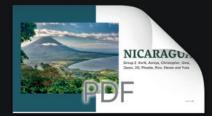


G11 Gratitude Group 2 - 3rd Place - Kenya.pdf

G11 Love Group 1 - 2nd Place - Egypt.pdf

G11 Respect Group 1 - 1st Place - Zambia.pdf







G10 Compassion Group 1 - 3rd Place - Belize.pdf

G10 Compassion Group 2 - 1st Place - Nicaragua.pdf

G10 Harmony Group 2 - 2nd Place - Costa Rica.pdf







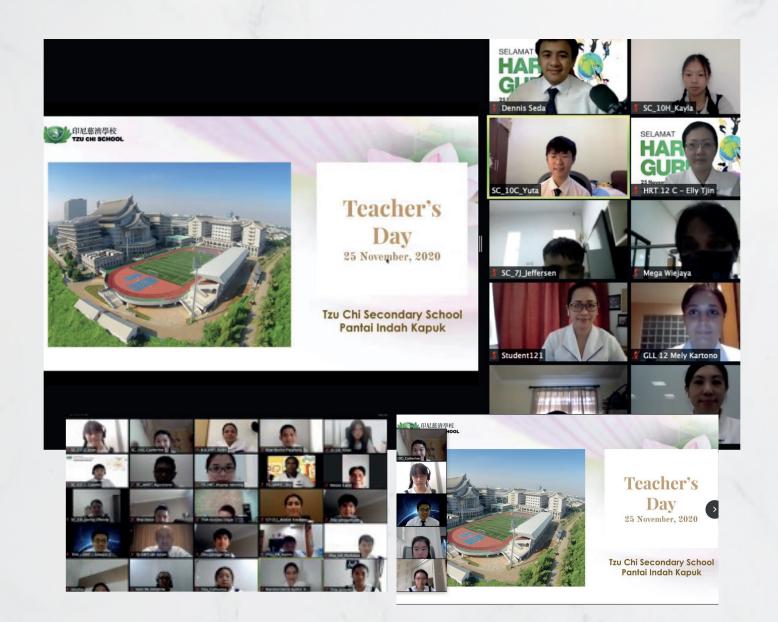
G9 Joy 2nd Place - Brunei.pdf

G9 Kindness 1st Place - Mongolia

G9 Love 3rd Place - Japan.pdf







Teachers Appreciation Day

On the 25th of November this year, the Student Council held its first online event Teachers' Appreciation Day. Teachers play a huge role in this world, as they are constantly molding little minds and shaping tomorrows. And as Mustafa Kemal Atatürk once said, "A good teacher is like a candle it consumes itself to light the way for others." Teachers have always wanted the best for their students, even if it means sacrificing their time and energy for us. Despite only celebrating it for an hour and a half, the event was organized to remind students of that, and to give them an opportunity to express their gratitude towards their second parents.

Whilst taking into consideration the current situation, the event ran smoothly through the use of Zoom. There were several activities, including a superlative game, a virtual exhibition, and heartwarming performances. We, from the Student Council, were really glad that the teachers and students seemed to have enjoyed the event. However, there was one moment that really made our hearts melt, which was when the teachers began to shed tears during the performance. The event was a mixture of emotions, and we hope to see more successful events in the future.

Catherine Chandra
President of Student Council



Gratitude, love, respect to parents from 7 Joy



2020 慈濟中学孝亲活动-向父母致敬

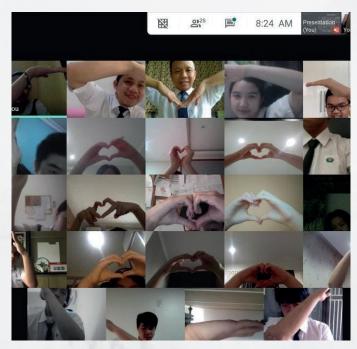
在新冠疫情肆虐全球下,大部份的学校都实施网路教学,相对的也造就许多机会让孩子与父母长时间待在家里的情况。面对著疫情影晌经济、生活的巨大压力下,藉著十二月即将到来的母亲节,慈济中学在12月8日举办教亲节表演比赛,主题是向父母致敬,感恩在这大流行的时刻仍然护卫著家。

学生们以符合主题、感动人心、创意 发挥及团队合作等四个方向规划,制 作出对父母致敬的班级比赛影片。十 年级感恩班、和协班以微电影方式呈 现、七年级诚实班录制乐器表演合唱感恩的心。更有多许班级录制口白,表达对父母的爱。

在青少年生理与心理转变的时期,表 达对父母的爱是一件害羞且不容易的 事。透过这一次的活动不仅是一个的 赛,而是一个行动在提醒大家,孝则 父母要即时,特别在这2020年里发生 许多悲伤的故事。无常和明天,我们 都不知道哪一个会先来临,但是把握 当下即时孝顺父母是在2020年里最温 暖的光芒。

Chen Peiwen
Ren Wen Coordinator









Thank You For Always Being There We Love You! 我们爱你



Sexual Health Education

Let's talk about puberty/dating/sex! This may have been parents' least favorite topic to discuss with their teenagers. Adolescence is a stage in every human's development. During this time, they will start or continue to experience puberty and changes physically, emotionally, intellectually and socially as well as forming their identity and building relationships. In order to support this important stage of life for our students, Counselling Department had Sexual Health Education throughout the Term 2.

The series of event started with "Puberty Talk" for grade 7 and 8 in PPS (Personal Professional Skills) class. During this session, grades 7-8 students were divided into different classes, boys and girls, to discuss the specific puberty-related changes that they experience according to their genders. A lot of questions were asked by the students and we could see their curiosity in this topic.

Talking about puberty/dating/sex could be uncomfortable for parents, because of that, on December 2, 2020, we invited Rena Masri, S. Psi., M. Psi., Psikolog to give a webinar to parents with the topic "How to Talk to Your

Children About Sex". With this webinar, we hope that parents could provide a quality time with their child to talk about puberty/dating/sex because it will be better for students to ask from their parents rather than having to find it out themselves. We also continue this webinar series to our G9 – G 10 students with the topic of "Healthy Relationship/ dating". Grade 11 and 12 students had a webinar session with dr. Deasy Thio, SpKK (who is the *Vice Director of Rumah Sakit Cinta Kasih Tzu Chi* and a sought after expert in dermatology and venereology) about "Sexually Transmitted Diseases". Alot of moral values were also instilled by both speakers to our students, making it not just a webinar about knowledge but a precaution of what they might encounter in life.

It was a very insightful series for the parents and especially for students.

Edward Jiwari Counsellor